

Hungry Hippos

Completed by Louis Filho. Date 01.05.2026 Next Review Date 01.05.2027

Hazard	Who might be harmed	Existing controls	Severity 1-10	Likelihood 1-10	Rating 1-10	Further Actions required
Slips / Trips / Falls	Participants	Leader to check floor is clear of debris clean and dry	4	1	4	Adequately Covered
Falls from Ground level	Participants	Ensure laces are tied up and loose clothing is tucked away	6	3	18	Adequately Covered
Abrasion	Participants	Ensure suitable clothing is worn by participants	4	4	16	Adequately Covered
Collision	All	Ensure enough space to move around, safety helmets available	3	3	9	Adequately Covered
Hair or other objects getting caught	Participants	All long hair tied back and loose ends tidied away prior to start. Leaders competent in first aid and handling minor injuries.	4	2	8	Adequately Covered
People walking in front of others	All	Clear instructions at the beginning to avoid confusion and collision	3	6	18	Adequately Covered
Exhaustion Fatigue	Participants	Leaders to hydrate and monitor participants during the activity to avoid exhaustion.	4	4	16	Adequately Covered
Slips and trips	Participants	All participants to be checked that they are suitable for activity and adequately dressed with suitable footwear.	2	4	8	Adequately Covered
Poor Group Discipline	All	Group leader is reminded they are responsible for group discipline. The instructor has right to cancel the session if they feel it is unsafe.	4	1	4	Adequately Covered

Rating	81-100	61-80	41-60	21-40	11-20	0-10
Action	Immediate Action	Action within 1 week	Not adequately controlled	Further Investigation	Adequately Controlled	Trivial Risk